



Wilderness first aid is the specific discipline of First Aid which relates to care in remote areas, where emergency medical services will be difficult to obtain or will take a long time to arrive.

Wilderness First Aid is a two-day, 16 hour class designed for trip leaders, camp counselors, and outdoor enthusiasts. A current CPR certification is a pre-requisite, however no other previous experience is required. This emergency response training includes patient assessment, musculoskeletal and soft tissue injuries, splinting, and a variety of other topics.

Providing primary care in bad weather with non-standard equipment and coping with long term care and emergency response: Wilderness First Aid places these issues first and foremost.

Lecture and discussion, practical exercise and outdoor scenarios help students gain confidence, and encourage the development of critical decision making skills.

CPR/AED Certification Training is offered on the preceding Friday night if needed.

Prerequisites: Current CPR/AED certification for WFA; minimum of 14 years old

Location: St. Matthew's Lutheran Church (corner of Granbury Road and Welch, just south of I-20)
5709 Wedgwood Drive
Fort Worth, Texas 76133



Course Format and Cost:

- \$35 CPR only Fri 7pm-10pm
- \$95 WFA only Sat 8am-5:30pm and Sun 8am-4pm (16 hours of instruction & exercises)
- \$130 Both WFA and CPR

Select one of the following courses:

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|--|--|--|--|
| <input type="checkbox"/> CPR Fri Mar 10 th | <input type="checkbox"/> CPR Apr 21 th | <input type="checkbox"/> CPR May 19 th | <input type="checkbox"/> CPR Jun 2 nd |
| <input type="checkbox"/> WFA Sat Mar 11 th /12 th | <input type="checkbox"/> WFA Apr 22 nd /23 rd | <input type="checkbox"/> WFA May 20 th /21 st | <input type="checkbox"/> WFA Jun 3 rd /4 th |
| <input type="checkbox"/> Both CPR & WFA | <input type="checkbox"/> Both CPR & WFA | <input type="checkbox"/> Both CPR & WFA | <input type="checkbox"/> Both CPR & WFA |

A delicious lunch is provided Saturday and Sunday with snacks and beverages throughout training.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

**Mail Registration
And Check To:** David Brynell
4216 Toledo Ave
Fort Worth, TX 76133

**Or Email registration information
requesting electronic payment via PayPal**
To: David@Brynell.org

**Questions?
Call David**
817-991-1315